



PreSchool News

February 2018

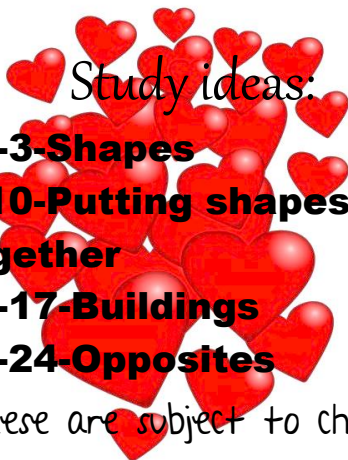
Important Dates:

12&15-Art Gallery
14&15-Valentine's Party
19-No School
20&21-Storytime
22&23-Dad's day
20-Snow Make up day
28&March 1-Dentist

Looking Ahead:

Mar 4-District wide family event
Mar. 5 & 6-Family Conferences
Mar. 26-30-Spring Break

Preschool Fun!!



Study ideas:

- 30-3-Shapes**
- 6-10-Putting shapes together**
- 13-17-Buildings**
- 20-24-Opposites**

These are subject to change

Dental Health-

Each February, the American Dental Association (ADA) sponsors National Children's Dental Health Month to raise awareness about the importance of oral health. Developing good habits at an early age and scheduling regular dental visits helps children get a good start on a lifetime of healthy teeth and gums. If you haven't already scheduled your child a visit with this dentist, now is a great time to do it!!

Parent-teacher conferences

Spring parent-teacher conferences will be held March 5 & 6. We will assign you a time and send home a note with your time. Please try to attend this conference as we will have end of the year data.

VALENTINES PARTIES

We will be having our Valentine's Day parties on Wednesday February 14 and Thursday February 15. The children may bring in valentines that day to hand out to friends if they would like. This is optional, so don't feel like you have too! We ask that you only put your child's name on the "from" part of the valentine. That way they can hand them out themselves! We have 18 students in the 3 year old class and 3 teachers. We have 20 in the 4 year old class with 4 teachers, and 7 in the afternoon with 3 teachers. We will be having games and snacks and crafts that day! Let us know if you have questions!

Books to check out...

- Preschool to the Rescue
- Friendshape
- I hear a Pickle
- LMNO Peas

Apps to check out...

- Candy count
- Letter School
- Kids Counting
- Alphabet Match

Contact Information:

uccprek@gmail.com

www.grinnelluccpreschool.com

We are also available at the preschool every day from 7:45-3:00! 641-236-3111

Items you can donate:

- notebook paper
- scrap paper
- old teaspoons for snack

ZZZZZs...

Sleep is something that is so important to the growth and development of your preschoolers.

The amount of sleep they get or don't get, can completely define their preschool day. There are 3 things to think about when thinking about how much sleep your preschooler needs.

1. **Quantity**-3-5 year olds need 10-11 hours of sleep a night.

2. **Quality**-On-the-go sleep, in a car seat, tends to be lower quality than sleep that happens on a flat, non-moving surface, like a bed.

3. **Consistency**-This is the MOST important factor. Inconsistent sleep may actually be a bigger problem than not getting enough sleep. **Having a consistent bedtime makes ALL the difference!**

Sing

Children learn language through singing. Children can learn new words through singing. They are able to hear different sounds in words and learn syllables. Listening and memory skills are developed by singing.

1. Sing with you child! Even if you "can't sing." It's a great way to build vocabulary and work on important skills like rhyming and alliteration.
2. Dancing while you sing songs like head, shoulders, knees and toes helps children to learn concepts. Physical activity helps children retain language and vocabulary they learn throughout a song. Switch the word up to make it more interesting!
3. Sing the alphabet song with your child daily! This helps them to retain letters. Switch it up and do just letter sounds, or use pictures to help retain letter knowledge. Sing it backwards for a fun twist!

Read

Reading to your child is the most effective way to develop language and pre-reading skills. Concepts like vocabulary, comprehension and knowledge of books are all developed while reading. Reading also introduces children to "rare" and big words they may not hear in everyday conversation.

1. Read to your children daily! Point out words on the page while you read. Talk about the pictures and words you are reading.
2. Read an alphabet book at least once a week. Children who are read alphabet books on a consistent basis have an increased vocabulary by up to 20% over other children. Find unusual alphabet books to increase vocabulary even more!
3. Look at picture books that don't have words. Allow your child to make up the story based on the pictures, This encourages pre-literacy reading skills. And increases their imagination!

At Home Literacy

Easter is coming up! Let's use those eggs for something other than candy!! To help your child learn their letters, use Easter eggs. Write the capital letter on one half of the egg and the lowercase letter on the other half. Put all of the egg halves in a basket and have the children match them. You could also put the capital letters on both halves and match the letters that way also. Start with the letters of your child's name and work up to adding different letters. Help your child by telling them the letters after they have matched them. This is a fun easy activity that can help your child with their letters!

